Supplementary Table 1. DISCERN instrument

Question #	DISCERN question
Q1	Have explicit aims
Q2	Achieve its aims
Q3	Be relevant to consumers
Q4	Make sources of information explicit
Q5	Make date of information explicit
Q6	Be balanced and unbiased
Q7	List additional sources of information
Q8	Refer to areas of uncertainty
Q9	Describe how treatment works
Q10	Describe the benefits of treatment
Q11	Describe the risks of treatment
Q12	Describe what would happen without treatment
Q13	Describe the effects of treatment choices on overall quality of life
Q14	Make it clear there may be more than one possible treatment choice
Q15	Provide support for shared decision-making